EVERY CHILD

HOW YOUR GIFTS SAVE LIVES

AMEER GOES BACK TO SCHOOL AFTER FLOODS IN PAKISTAN

CIARA HOLDS A BAKE SALE TO HELP CHILDREN IN UKRAINE

SORIA IN YEMEN HAS FOOD FOR HER DAUGHTER THANKS TO YOU





Thank you for another year of amazing progress for children

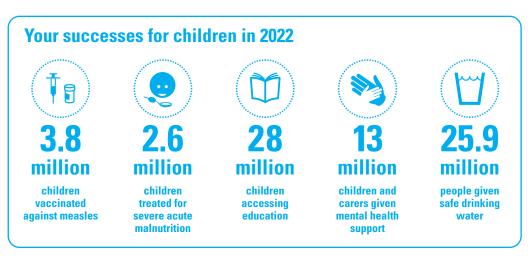
As this newsletter testifies, it is your support that helps to keep UNICEF on the ground in emergencies to provide children with life-saving supplies like health care, protection, food, water and sanitation. And you help us expand our capacity to anticipate crises so that we are prepared to help save children's lives as soon as emergencies unfold.

The people of Ireland showed

extraordinary support for the world's children in 2022, with many of you choosing to support UNICEF with your donations. We are very grateful and thrilled to have you all at our side, helping to save and transform children's lives every single day.



Peter Power, Executive Director







There are more children in need of humanitarian assistance now than at any other time since the Second World War.

Across the globe, children are bearing the brunt of an unprecedented combination of deadly crises – from conflict and displacement to infectious disease outbreaks and soaring rates of malnutrition. Meanwhile, climate change is making these crises even worse and unleashing new ones.

But the situation is far from hopeless and it is because of people like you.

Your donations mean that UNICEF can be there in times of crisis to get your help to the children at greatest risk and in greatest need in the shortest time possible.

Your kindness saves lives.



In this issue

- 5 Donncha visits Somalia
- 6 Life-saving food in Yemen
- 7 Back to school in Pakistan
- 8 Warm clothes in Ukraine
- **10** How your gifts reach children
- 12 Cash in an emergency
- **13** Olivia's legacy gift of water to children
- **14** World Children's Day
- 15 Fun games to play



Save lives with just your signature. See the back page!

sobala en el este el e



You're giving health care

Drought, conflict and the long-term effects of COVID-19 are all having an impact on children's lives. Your gifts are funding mobile clinics in Somalia to reach vulnerable children living in hard-to-reach areas with essential health services like immunisation and nutrition treatment. Health workers also give out hygiene kits, which help children stay healthy and live with dignity.



THANKS TO YOU

355,395 children have been treated for severe wasting



1,156,133 children and women have received health care

Voices from the field



Last October, I travelled to Somalia to see how your donations are helping to save children's lives in the worst drought to hit the Horn of Africa in 40 years. I visited refugee camps and stabilisation centres and saw our teams in action, providing water, health care and emergency food to thousands of children. What follows are my notes from my trip. **Donncha O'Callaghan, UNICEF Ambassador**

0000000000000000

Day I mogadishu, Somalia

We've just met with the UNICEF staff and they told us there are increasing numbers of children with acute malnutrition. We're going to be seeing that tomorrow. You can tell from their faces that it's probably going to be like something we haven't seen before.

Day a Stabilisation Centre, mogadishu

Centres like this one are supporting mothers and their children through this crisis. An awful lot of mums are bringing their children who are suffering from malnutrition, because they aren't able to feed them. Many mums are under-nowrished themselves, which doesn't allow them to provide for their kids. It's a bleak snapshot of what's going on. They're treating 40 babies here right now, all malnourished, some acutely so - it's frightening to see.

Day 3 Displaced persons camp, Dollow

Some of the people in this camp have travelled incredible distances — some up to 100km to be here. UNICEF staff are on the ground and supporting them but they're arriving in desperate need of urgent supplies and care. It's hard to see, especially when you think of the journeys these people have made to get here, but UNICEF is doing incredible work to help them with every requirement that they need at this point.



"It was incredible to see the brilliant work UNICEF is doing in Somalia with your help."







paste to help her recover." Soria, mother, Yemen



You're giving food

In Yemen where approximately 2.2 million children under the age of five are suffering from acute malnutrition, your gifts are helping us to scale up early detection and treatment for child malnutrition through the provision of Ready-to-Use Therapeutic Food (RUTF). This paste, made of peanuts, sugar, milk powder, oil, vitamins and minerals, has everything a child needs to recover from malnutrition at home.

THANKS TO YOU

260,000 children THE REAL PROPERTY. have been treated for severe acute malnutrition

1.5 million households have been given emergency cash transfers

> 1.6 million children have been vaccinated against measles



PAKISTAN

You're giving a future

Since the devastating floods between June and October last year, education for more than two million children in Pakistan remains completely inaccessible with nearly 27,000 schools destroyed or damaged. But thanks to you, eight-year-old Ameer is now attending a temporary learning centre established by UNICEF in her area, which was one of the hardest hit.



687 temporary learning centres set up in Balochistan, **Punjab and Sindh**

> 859,224 people have safe drinking water

40.018 children immunised against measles

UKRAINE



You're giving warmth

As winter deepened and attacks on energy infrastructure left most families struggling to stay warm, your gifts helped us deliver 150 tonnes of help including blankets, and warm winter clothing produced locally in Irpin as part of a UNICEF programme to help children and the local community. You are also helping us to run over 140 warm spaces for children to play and receive essential medical care.

THANKS TO YOU

€18.8m of warm clothing, generators, heaters and wood pellets supplied 4,223,675 people have safe drinking water

T



1,022,954 people have essential hygiene and sanitation items

YOUR GIFT'S JOURNEY



Emergency cash transfers get your help to children in a crisis fast

This is not an area of work we have talked to you about before, but in the many crises where children are suffering around the world right now, emergency cash transfers are providing an essential lifeline of help.

What are emergency cash transfers?

They are unconditional gifts of money that we give to badly-affected families in times of crisis. They are one of the



Emergency cash transfers

Over the Christmas period, UNICEF gave 120,000 families cash transfers worth almost €1,000 each in Ukraine. This vital help will ensure they can stay out of poverty and remain clothed, fed, and sheltered through the bitterly cold months of the long Ukrainian winter.

most effective social safety nets during an emergency like a natural disaster caused by climate change, or during a war or civil unrest.

Why do they get my help to children quicker?

We can get emergency supplies to children anywhere in the world in just 72 hours. But emergency cash transfers are easy to hand out quickly on the ground and they give families the means to help their children the minute a crisis hits.

What do they mean for families?

Emergency cash transfers are a powerful way to restore choice and dignity by allowing families to identify and meet their unique needs for different goods and services, as they arise. Sometimes these can be food, drinking water, health care or school fees.

How do they help children?

Emergency cash transfers help parents to keep their children safe and healthy through difficult times and, because they are in control, they can make sure the whole family is better protected when future emergencies occur too.



Olivia, one of our Legacy Donors in 2022, was passionate about providing clean water and left a generous legacy gift in her Will to UNICEF in support of our WASH programmes.

Access to clean water, basic toilets, and good hygiene practices not only keeps children thriving, but also gives them a healthier start in life. UNICEF works in over 100 countries to help provide access to clean water and reliable sanitation, and to promote basic hygiene practices in rural and urban areas. Our people-based approach empowers communities and reaches hundreds of millions of people every year.

Olivia has left a lasting legacy and saved children's lives.



Rewrite a child's future with a legacy gift in your Will

To receive a Legacy Guide and learn about our GoodWill Legacy programme, please complete the enclosed form, or speak in confidence to Pauline, our Legacy Gifts Manager.



Good // ill UNICEF legacy gifts

Donnacha speaks up for children

On UNICEF's World Children's Day last November, 16-year-old UNICEF youth advocate Donnacha Lenehan from Lusk, spoke to the former Taoiseach Micheál Martin about the need for greater online protections for children and young people.

"I was delighted to be able to share my perspectives and experience with the Taoiseach," says Donnacha. "We rely on social media to socialise and communicate but that dependency also makes children and young people extremely vulnerable. We have the power to act, and Ireland should lead, not follow."

Thank you community fundraisers!

Did you know there are lots of ways to get together with friends, family, colleagues and neighbours to raise vital funds for children?



Ciara's sweet success

"Our 11-year-old daughter Ciara held a bake sale in our front garden with her friends in aid of UNICEF to help children affected by the war in Ukraine. Over the course of the day, we were impressed by how they also brought the community together." Ciara's mum, Aisling



World Children's Day

Maria's sound of music raises money for children

Community fundraiser, Maria hosted a Charity Concert for Ukraine Mothers in the TLT Drogheda. She even wrote her own song and raised vital funds in support of our work for children in Ukraine. Thank you Maria!

FUN TIME

WORD SEARCH

Find all the words on the list.

Words can go in any direction and share letters as well as cross over each other.

BLANKETS	HELP
CHILDREN	HYGIENE
CLOTHES	MEDICINES
EDUCATION	UNICEF
FOOD	WATER

E	М	H	С	K	S	H	S	H	H
A	Е	С	L	0	т	H	Е	S	Y
P	U	N	I	С	Ε	F	N	т	G
т	H	Ε	A	Ε	K	A	I	М	I
I	R	R	R	0	N	Е	С	Е	E
S	E	D	U	С	A	т	I	0	N
D	т	L	H	Ε	\mathbf{L}	Ρ	D	Е	Е
Е	A	I	Е	В	В	0	Е	A	к
D	W	H	H	Y	0	L	М	I	К
т	т	С	L	F	С	М	H	X	U

WHICH COUNTRY AM I?

My capital is Islamabad

My official languages are Urdu and English

I have a border with Afghanistan and with India

I am home to K2 – the world's second highest mountain

The world's famous pink Himalayan salt comes from my mines

l am



Nastya, 7, who had to flee her home near Odesa in Ukraine, is drawing a picture at a UNICEF Blue Dot tent while waiting to board her bus to Romania.





YOUR SIGNATURE TODAY CAN SAVE CHILDREN'S LIVES

Did you know that your signature could be worth a minimum of €112 to UNICEF and maybe even more? If you donated over €250 in a single year, your donation is eligible for a tax refund. By simply signing a form, you can help UNICEF claim an extra 45% cash back on your donations.

You can save even more children for free

If we could claim the cash back on your donations, you could save many more children. You could save more children with emergency therapeutic food, clean water, safe sanitation and immunisations. Your signature today could help even more children to not only survive, but thrive. It really is that easy to give this additional donation to children who need it.

Just sign. Save lives. For free.

To request your tax form, or if you simply want to know more, please contact our Donor Care Team on 01 878 3000 or email info@unicef.ie



If you would like to give a donation today, please visit www.unicef.ie, call us on 01 878 3000 or write to us at 33 Lower Ormond Quay, Freepost F407, Dublin 1

Cover photo: Fatima (8) stands outsider her tent in Imamia camp for internally displaced people in Sindh province, Pakistan. Credit: UNICEF/Pakistan, 2022/ Zaidi