

# Workshop for Ages 3-8

## My Rights

Help start a conversation with young children about their rights. Create a talking stick with your group or class and find out what they think about their rights. Through their feedback and images of the discussions the Committee for the Convention on the Rights of the Child will be able to build a better picture of children's rights in Ireland.

This workshop can be completed in 3 days or 3 weeks. Each activity takes about 15 minutes. Closing date for submissions to be included in the report is the 20<sup>th</sup> of February 2015.

### Workshop: Talking Stick

*Adults around the world have made special promises to all children everywhere. These promises are called rights, they make sure you can be yourself, you feel safe and cared for, are listened to and that you can learn. They also make sure you have time to play and have fun. To help us talk about your rights we are going to make a 'Talking Stick'.*

#### Being Me

##### Activity: Making a feather

Begin by creating your own feather with your name and the best part of being you. **Discuss** "What makes you feel good or happy? What makes you sad or cross? What do you love to do? What do you not like doing?"

#### Being Involved

##### Activity: Adding feathers

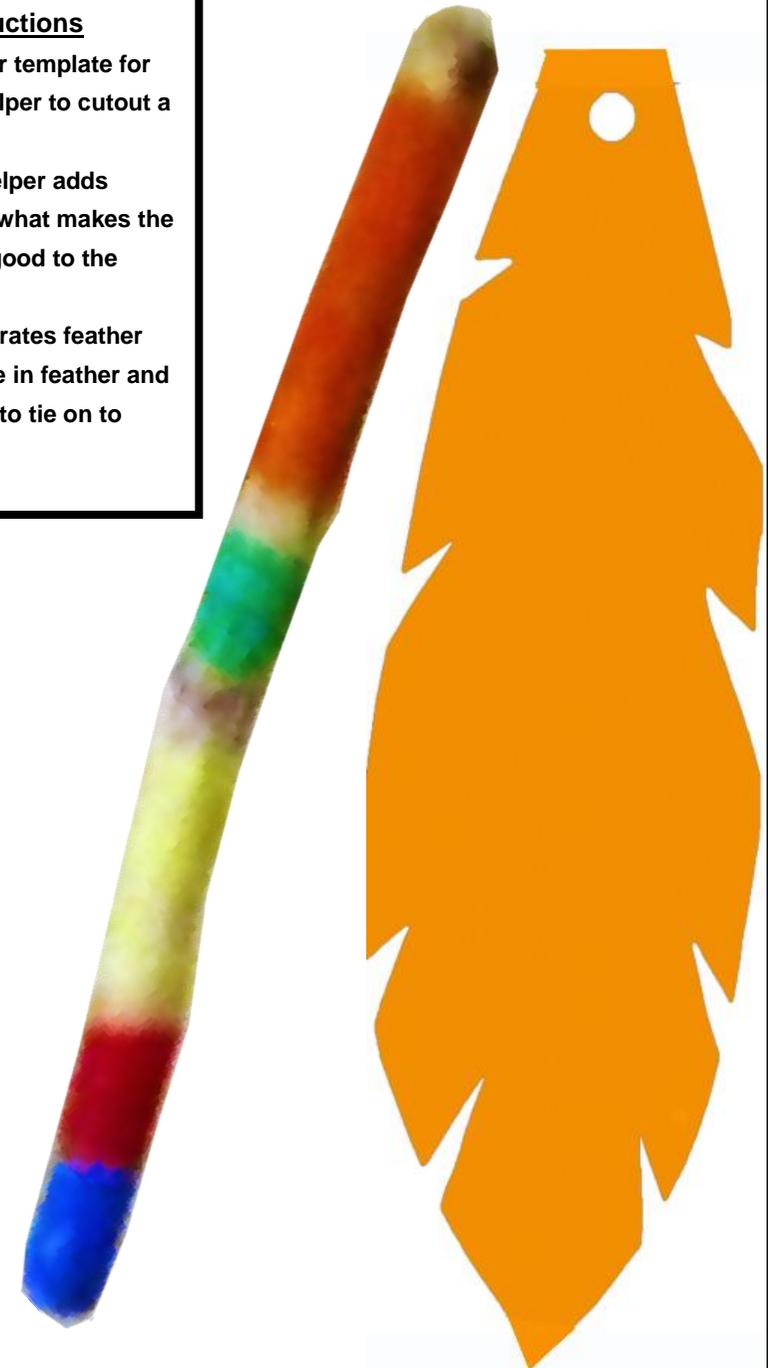
*This is a very special stick called a 'Talking Stick'. The reason this stick is special is because when someone is holding it they get to*

### Materials

1. Stick
2. String
3. Scissors
4. Glue Sticks
5. Hole Punch
6. Coloured Paper
7. Markers
8. Crayons
9. Objects to decorate feather
10. Camera

### Instructions

1. Use feather template for child or helper to cutout a feather,
2. Child or helper adds name and what makes the child feel good to the feather.
3. Child decorates feather
4. Punch hole in feather and add string to tie on to stick.



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## My Rights

Activity cont.

*Sometimes it is hard to make people listen to you and that does not feel good. We are all going to add our feathers to this stick, which means we all agree to give the stick the power to let people speak, and for us all to listen. Add your feather. Discuss:* What does it feel like when people listen to you?

My Skills

Activity: Talking Circle

Ask the group to bring in something to class that they like doing e.g. photo or picture of them playing, a symbol of the activity such as a paintbrush, football or bubbles. Hold a talking circle with your new stick **Discuss:** What do you like doing and what don't you like doing? Put the objects that were brought in, in the middle of the circle.

*Take a photo of all the things the group brought in.*

Feeling Safe and My Care & Wellbeing

Activity: Talking Circle

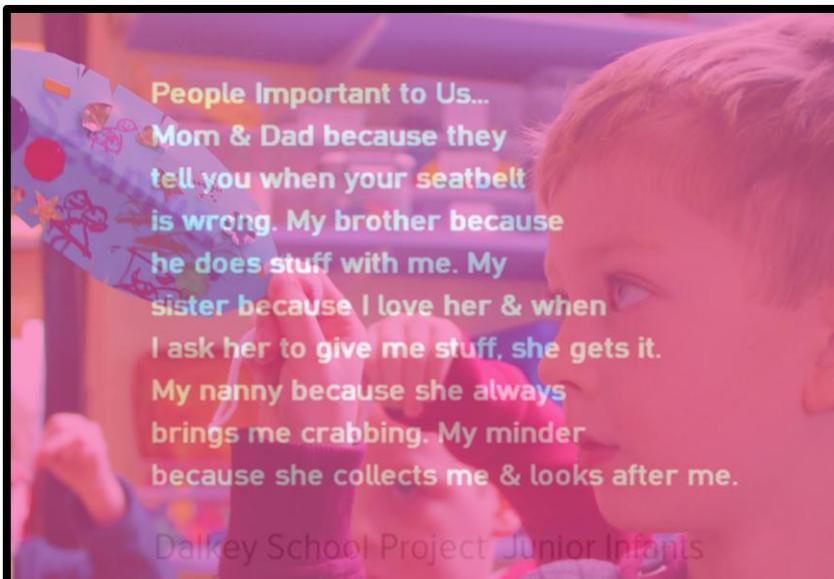
Ask the group to bring in a photo or a drawing of somebody who is important to them, someone who makes them feel safe or helps to take care of them. Hold a talking circle with your stick **Discuss:** Who is important to them and why they are good at taking care of them or keeping them safe. Ask them to put the photo in the middle of the circle.

*Take a photo of all the photos the group brought in.*

Send in your photos along with the children's quotes and any commentary on the process by the 20<sup>th</sup> February to [info@pictureyourrights.com](mailto:info@pictureyourrights.com)

### Talking Circle Questions

1. Who is important to you?
2. What do you like doing?
3. What makes you feel good/happy?
4. What makes you angry or sad?
5. What does it feel like when people listen to you?



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## Consent

**Note: It is important to get both the parent and child's consent in participating in this children's rights project. Please use this consent form.**

I, \_\_\_\_\_, confirm that I am the parent / legal guardian of

Name of child: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Age of Child: \_\_\_\_\_

By affixing my signature below, I accept and agree to be bound by these terms, for and on my child's behalf.

1. I confirm that I have given my full consent for my child to submit his/her own photo, drawing or written material to this project.

2. I allow my child's name, age and county to be displayed along with their entry photograph.

Signature: \_\_\_\_\_

I am putting together a report for other adults about children like you. They want to know a few things about how you think or feel about things. I want to make sure you are happy for me to do this. To explain what I am going to do, I want to ask and show you these pictures, will you mark the happy face if you are happy for me to do this and the sad face if you are not. I will only do what makes you happy.

Can I take notes about what you say or do?



Can I listen to you talk?



Can I watch or observe you play?



Can I take pictures or video of you?



Can I show other people?



Can I put it in a report?

